

### **Information about Litterless Lunches**

Green Venture's EcoStars camp aims to teach participants about the environment, environmentally friendly practices and becoming environmental stewards. In keeping with the theme of the camp we encourage campers to bring litterless lunches.

The following are a list of guidelines on how to pack a litterless lunch. Please ensure that lunches on the date above meet the following guidelines:

- Pack a cloth napkin instead of a paper napkin.
- Pack reusable utensils instead of using cheap, disposable plastics.
- Pack a reusable drink container instead of disposable juice boxes, juice pouches, cans, and plastic bottles.
- Pack lunch items in reusable containers (margarine containers, Tupperware, etc.)
- Avoid using plastic wraps, plastic bags, and aluminium foil.
- Avoid purchasing pre-packaged items. Buy foods in larger containers and leave them at home for recycling.
- Pack lunches in a lunch box or backpack instead of relying on paper or plastic bags.
- Most importantly have campers help make their own lunches to help them understand litterless lunches

#### **Did you know?**

**It has been estimated that on average, a school-aged child using a disposable lunch generates 67 pounds of waste per school year.**

**A school with 500 students can create 33,500 pounds (15 tonnes) of waste every year!**

**Much of this waste is sent directly to landfill where it will stay for hundreds, even thousands of years!**

If you have any questions, do not hesitate to contact me at any time. Please help your campers better understand waste issues by having your campers pack litterless lunches.

Sincerely,  
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